

SAMPLE MENU

NEW YORK ST PETER'S

Breakfast

- Hot Breakfast: eggs, potatoes and bacon (turkey bacon as well)
- Assorted Pastries and mini bagels
- Cereals with milks
- Juices and coffee

Lunch & Dinner

- Entrée: the entrée line consists of 1 protein option, 1 starch and 1 veggie
- The Grill: usually something different every day, for example: burgers (beef, veggie) fries, chicken tenders

- Roots Station: a station dedicated to vegan and vegetarian options
- Pizza (on occasion)

Brunch on the Weekends

• A mix of breakfast foods and lunch options