



# PROVISIONAL ACTIVITY PROGRAMME

## ST EDMUNDS

### PREMIUM | 2 WEEKS

2025

WEEK 1	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
08:00 - 09:00		Breakfast	Breakfast	Breakfast	Lunch/Packed Lunch	Breakfast	Breakfast
09:15 - 12:45	Arrival Check-In Campus Tour	<b>London</b> (09:00-18:30) including <b>Madame Tussauds</b> & walking tour ► LON06c  Packed Lunch	<b>London</b> (09:00-18:30) including <b>London Eye and River Cruise</b> & walking tour ► LON03b  Packed Lunch	Lessons	Lessons	<b>Cambridge</b> (09:00-18:30) including <b>Punting</b> & walking tour ► CMB02a  Packed Lunch	Lessons
13:00 - 14:00				Lunch	Lunch/Packed Lunch		Lunch
14:30 - 16:00				Activities	Activities		
16:00 - 18:00				Sports	Sports		
18:30 - 19:30				Dinner/Packed Dinner	Dinner		Dinner
20:00 - 22:00	Welcome Night	Welcome Presentation	Activities	Disco	Activities	Activities	Activities

► **Walking Tour IDs:** Visit the centre's webpage on the [PLUS website](#) to view the itinerary of each walking tour.

**Dates:** Week 1's schedule starts on the default arrival dates: 04/07 • 18/07



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WEEK 2	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
	FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
08:00 - 09:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast/PB
09:15 - 12:45	Self-Care Morning (or Special Courses)	<b>Norwich</b> (09:00-18:30) including walking tour ► NOR01a	<b>Norfolk Coast</b> (09:00-18:30) including walking tour ► NFK01a	Lessons	Lessons	<b>Southend-on-Sea</b> (09:00-18:30) including <b>Adventure Island Theme Park</b> ► SOS01a	Lessons	Check-Out
13:00 - 14:00	Lunch			Lunch	Lunch		Lunch/Packed Lunch	
14:30 - 16:00	Activities (or Special Courses)			Packed Lunch	Packed Lunch		Activities	Activities
16:00 - 18:00	Sports (or Special Courses)	Departure						
18:30 - 19:30	Dinner		Dinner	Dinner	Dinner	Dinner	Dinner	
20:00 - 22:00	Activities	Activities	Activities	Disco	Activities	Activities	Activities	

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