



PROVISIONAL ACTIVITY PROGRAMME

STIRLING

PREMIUM | 2 WEEKS

2025

WEEK 1	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
07:45 - 09:00	Arrival Check-In Campus Tour	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:15 - 12:30		Lessons	Lessons	Lessons	Lessons	Edinburgh including Edinburgh Castle & walking tour ▶ EDI03b	Glasgow including Glasgow Science Centre & walking tour ▶ GLA02a
12:45 - 14:00		Lunch	Lunch	Lunch	Lunch		
14:00 - 15:30		Activities	Stirling (14:00 - 18:00) including Old Town Jail & walking tour ▶ STI01b	Activities	Stirling (14:00 - 18:00) including Stirling Castle & walking tour ▶ STI02b		
15:30 - 17:30		Sports		Sports			
18:30 - 19:30		Dinner/Packed Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
20:00 - 22:00		Welcome Night	Welcome Presentation	Activities	Disco	Activities	Activities

▶ **Walking Tour IDs:** Visit the centre's webpage on the [PLUS website](#) to view the itinerary of each walking tour.

Dates: Week 1's schedule starts on the default arrival dates: 30/06 • 14/07



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WEEK 2	DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14	DAY 15
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	MONDAY
07:45 - 09:00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast/PB
09:15 - 12:30	Activities (or Special Courses)	Lessons	Lessons	Lessons	Lessons	St Andrews and Dundee including walking tour ▶ SAD01a	Loch Lomond including walking tour ▶ LLM01a	Check-Out
12:45 - 14:00	Lunch	Lunch	Lunch	Lunch	Lunch			Lunch/Packed Lunch
14:00 - 15:30	Activities (or Special Courses)	Activities	Stirling (14:00 - 18:00) including walking tour ▶ STI03a	Activities	Alva Glen (14:00 - 18:00) including walking tour ▶ ALG01a	Packed Lunch	Packed Lunch	Departure
15:30 - 17:30	Sports (or Special Courses)	Sports		Sports				
18:30 - 19:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
20:00 - 22:00	Activities	Activities	Activities	Disco	Activities	Activities	Activities	

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